

AST's Bullying Prevention Week

November 21 - 25, 2022

| Monday, Nov. 21 | Tuesday, Nov. 22 | Wednesday, Nov. 23 | Thursday, Nov. 24 | Friday, Nov. 25 |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>True Colours Day Let your true colours shine through today! Wear any colour of clothing to celebrate how wonderful we all are!</p>  | <p>Sock it to bullying Let's work together to end bullying! Show your commitment by wearing mismatched socks today!</p>  | <p>Inside out Day Wear your clothing inside out today to show that words hurt more on the inside than they do on the outside.</p>  | <p>Put a "Lid" on bullying Wear your favourite hat or cap today!</p>  | <p>Stomp Out Bullying Wear mismatched shoes today as a reminder to always "take a walk in someone else's shoes".</p>  |
| <p>Classroom Activity: A Wrinkled Heart</p> <p>Stay Driven Anti-Bullying Assembly @ 1:00 p.m.</p> | <p>Classroom Activity: Lend a Hand</p>  | <p>Classroom Activity: FDK/Primary: Create a Chain Reaction</p> <p>Junior/Intermediate: My Digital Footprint</p>  | <p>Classroom Activity: FDK/Primary: Bullying Prevention Flag or Quilt</p> <p>Junior/Intermediate: Four Hats Activity</p>  | <p>Personal Pledges Today each of you are called to create a pledge to promote and remind us about being an upstander!</p> |

CHANGE THE WORLD



LIVE
at your school!

www.iamdogibson.com
[@iamdogibson](https://twitter.com/iamdogibson)
www.staydriven.com

